



INSTRUCTIONS FOR PACKAGING FOOD (Beans & Rice)

Thank you for coming!

Our goal is to accurately package meals for kids and families in Haiti and El Salvador. There is no need for speed. ACCURACY is the most important element!

Please put on hairnet and put on gloves before packaging.
Do not touch your face or hair while packaging; if you do, replace your gloves.

NO food or drink is allowed in the packaging rooms

CAUTIONS – Be sure your hands are clean. Don't lick your fingers or sneeze around the ingredients!

Four to five people can fill the bags, one for each ingredient and one adult to hold the bag (**demonstrate the first time.**)

- . one rounded 8 oz clear measuring cup of Beans
- . one level scoop of vitamins (done by an adult – both expensive and need for most accuracy)
- . one scoop of vegetables
- . and, finally, one Red Cup of rice – **this is always last in the bag**

If a mistake is made or you are not sure what is in the bag, dump the entire bagful into the rice bucket.

Bag fillers are to replenish their own ingredients. Please take the empty container to the central supplies area and exchange it for a filled container.

The open filled bag is placed in a tub so the weigher can determine how many grams – between 390 and 400 grams; the weigher will remove or add rice to make the bag the correct weight.

The weigher places the bag in a tub or hands it directly to the sealer. Squeeze out excess air and carefully seal the bag. (**demonstrate this.**) When that is complete, the bag is handed to the person who is counting and boxing the completed bags. The bags should be flattened and stacked two on each number. There are 36 bags in each box, which is the equivalent of 216 meals!

Each table is given X boxes to fill. The boxer will tuck in the box flaps and a runner will pick the boxes up. When you have filled your X boxes, please leave the table. If you are staying for another shift, please return to the registration area and we will reassign you to another group.

THANKS SO MUCH!

Worldwide Hunger Relief